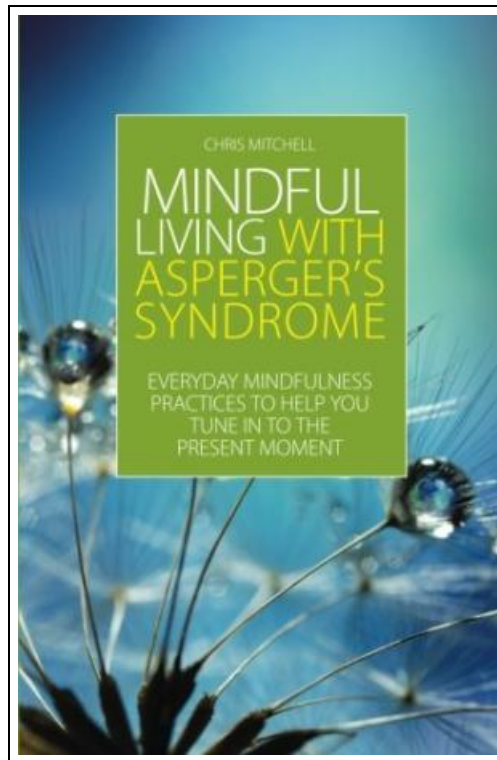


## Mindful Living with Asperger's Syndrome: Everyday Mindfulness Practices to Help You Tune in to the Present Moment



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