



The Musician s Brain: Does It Recover from Trauma Better Than Others? (Paperback)

By Carol Shively Mizes

BookBaby, 2017. Paperback. Condition: New. Language: English . Brand New Book. This book describes the incredible recovery stories of 5 musicians who all suffered different traumatic brain injuries; a car accident, two bicycle accidents, a ruptured brain aneurysm and a terrible fall from the fourth story of a building s fire escape. Their riveting journeys from horrific injuries, nearing death, through intensive care treatment and rehabilitation accounts for what many trauma patients and their families endure. However, these stories especially focus on their rehabilitation through the use of their musical skills as well as physical, cognitive, speech and language abilities. The book compares what they all had in common in their recovery process and how this may be related to having a musician s brain. It is well documented that the brain of a musician is quite different than the brain of a non-musician from hours and years of practicing their instrument. Playing an instrument and reading music recruits many brain regions simultaneously. This is much like a workout for the body only it works out the brain. This book describes the differences between a musician s brain and that of a non-musician s, cites research in that area and...



Reviews

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