



## The Beauty of Wings: A True Story of Transformation from Near Death to Unconditional Love (Hardback)

By Alexandra Mika

Balboa Press, United States, 2015. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Beauty of Wings is a magical true story of inner transformation. It unravels the details of author Alexandra Mika s healing journey, from an excruciatingly painful childhood of bullying, exclusion, and asthma to her mid-twenties filled with anorexia, pneumonia, panic, and suffocation to near death. Through dedication and determination Alexandra propels herself out of dark waters and comes home to her natural state of bliss, radiant health, and love. Journey with Alexandra on a pilgrimage of self-awakening through Reiki (energy healing), a profound connection with an extraordinary horse, connecting deeply with the natural world, yoga, and learning to love herself unconditionally. Through the metaphor of lungs as butterfly wings, readers journey from the dark isolation of the cocoon into the freedom and majestic nature of the butterfly. The Beauty of Wings reveals the unlimited potential of the human spirit and the capacity within the heart for healing, transformation, and unconditional love. The Beauty of Wings is the story of an incredible journey of inner awakening, a story concerned with the task of learning to love oneself. This remarkable young woman...



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### Reviews

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