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## The Art of Self Transformation: A Guide to Awakening (Paperback)

By Laura Ponticello

Divine Phoenix Publishing, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What if you could create the life of your dreams? The Art of Transformation, A Guide to Awakening empowers the reader to live life with passion and discover one's full potential. Real life stories, wisdom lessons and reflection pause points are meant to inspire, provide insight and encourage balance in our lives. This book invites you to look beneath the surface, and unearth or explore aspects of yourself. As we journey together, we realize there is a great power in rebirthing ourselves, dancing in life's possibilities and that all things are possible. Advance Praise for The Art of Self Transformation Laura Ponticello is tuned in to the transformative nature of all life. Her new book, The Art of Self-Transformation, is sure to enlighten and uplift the lucky readers who find their way to it! - Dr. Ronne Marantz, author of The Dharma of Education: Where Western Knowledge Meets Eastern Wisdom, Laura's book provides an immediate and transformational remedy for reconnecting and reconditioning our voice within before we become any further disconnected from who we truly are. The Art...



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